

ST. MARY OF THE HILLS EPISCOPAL CHURCH

BLOWING ROCK, NORTH CAROLINA



JANUARY 28, 2024

THE FOURTH SUNDAY AFTER THE EPIPHANY

WELCOME!

We are so glad that you are here to share in worship of the Triune God.

Restrooms are located in the hallway beyond the Foyer.

A nursery is available for children up to age five and is in the hallway beyond the Parish Hall.

BCP page numbers refer to the red *Book of Common Prayer*. Hymn numbers refer to the blue *Hymnal, 1982*.

Note that 'S' numbers refer to service music and are located at the beginning of the hymnal.

We kindly request that you silence all electronic devices.

THE HOLY EUCHARIST

10:10 AM

A prayerful silence precedes the service.

ORGAN VOLUNTARY

THE WORD OF GOD

HYMN 567

Thine arm, O Lord, in days of old

St. Matthew

THE OPENING ACCLAMATION & COLLECT FOR PURITY

BCP 355

Celebrant

Blessed be God: Father, Son, and Holy Spirit.

People


And blessed be his kingdom, now and forever. Amen

The Celebrant prays

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid:
Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly
love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

GLORIA IN EXCELSIS

S 280



1. Glo - ry to God in the high - est, and
peace to his peo - ple on earth. 2. Lord God, heaven - ly
King, al - might - y God and Fa - ther, we wor - ship you, we
give you thanks, we praise you for your glo - ry. 3. Lord Je - sus

Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
take a - way the sin of the world: have mer - cy
on us; 5. you are seat - ed at the right hand of the Fa - ther: re -
ceive our prayer. 6. For you a - lone are the Ho - ly One,
you a - lone are the Lord, 7. you a - lone are the Most
High, Je - sus Christ, with the Ho - ly Spi - rit, in the
glo - ry of God the Fa - ther. A - men.

Music: Robert Powell (b. 1932), rev. Setting: Copyright © Church Publishing Inc.

COLLECT OF THE DAY

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Moses said: 'The LORD your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the LORD your God at Horeb on the day of the assembly when you said: "If I hear the voice of the LORD my God any more, or ever again see this great fire, I will die." Then the LORD replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die."

Lector The Word of the Lord.
People **Thanks be to God.**

THE PSALM

Chant tune: Richard Massey

Psalm 111
Confitebor tibi

- 1 Hallelujah!
 I will give thanks to the LORD with my whole heart, *
 in the assembly of the upright, in the congregation.
- 2 Great are the deeds of the LORD! *
 they are studied by all who delight in them.
- 3 His work is full of majesty and splendor, *
 and his righteousness endures for ever.
- 4 He makes his marvelous works to be remembered; *
 the LORD is gracious and full of compassion.
- 5 He gives food to those who fear him; *
 he is ever mindful of his covenant.
- 6 He has shown his people the power of his works *
 in giving them the lands of the nations.
- 7 The works of his hands are faithfulness and justice; *
 all his commandments are sure.
- 8 They stand fast for ever and ever, *
 because they are done in truth and equity.
- 9 He sent redemption to his people;
 he commanded his covenant for ever; *
 holy and awesome is his Name.
- 10 The fear of the LORD is the beginning of wisdom; *
 those who act accordingly have a good understanding;
 his praise endures for ever.

Now concerning food sacrificed to idols: we know that “all of us possess knowledge.” Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

Hence, as to the eating of food offered to idols, we know that “no idol in the world really exists,” and that “there is no God but one.” Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. “Food will not bring us close to God.” We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols?

So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

Lector The Word of the Lord.
People **Thanks be to God.**

HYMN 566

From thee all skill and science flow

The Church's Desolation

THE HOLY GOSPEL

Mark 1:21-28

Gospeler The Holy Gospel of Our Lord Jesus Christ according to Mark.
People **Glory to you, Lord Christ.**

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, “What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God.” But Jesus rebuked him, saying, “Be silent, and come out of him!”

And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, “What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him.” At once his fame began to spread throughout the surrounding region of Galilee.

Gospeler
People

The Gospel of the Lord.
Praise to you, Lord Christ.

THE HOMILY

The Reverend Andrew J. Hege

A few moments of silence for reflection follow the sermon.

THE NICENE CREED

BCP 358

We believe in one God, the Father, the Almighty, maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made, of one Being with the Father.
Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

The intercessor invites the assembly to join in praying for the Church and the world.

From the rising of the sun to its setting, let us pray to the Lord, saying, 'Lord, hear our prayer.'

That the people of God in all the world may worship in spirit and in truth,
let us pray to the Lord:

Lord, hear our prayer.

That the Church may discover again that unity which is the Father's will,
let us pray to the Lord:

Lord, hear our prayer.

That the nations of the earth may seek after the ways that make for peace,
let us pray to the Lord:

Lord, hear our prayer.

That the whole creation, groaning in travail, may be set free to enjoy the glorious liberty
of the children of God,

let us pray to the Lord:

Lord, hear our prayer.

That all who with Christ have entered the shadow of death may rest in peace and rise in glory,
let us pray to the Lord:

Lord, hear our prayer.

Let us commend the world, to which Christ showed the way, and all who have entrusted
themselves to our prayers, to the mercy and protection of God.

The people add their own petitions, silently or aloud.

*The Celebrant adds a concluding collect and the people respond, **Amen.***

CONFESSION OF SIN AND ABSOLUTION

The Celebrant bids the Confession. Silence may be kept.

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

*The Celebrant pronounces the absolution and the people respond, **Amen.***

THE PEACE

<i>Celebrant</i>	The peace of the Lord be always with you.
<i>People</i>	And also with you.

The Ministers and People exchange a sign of peace.

THE HOLY COMMUNION

THE OFFERTORY

The people stand to sing the hymn and remain standing as the offerings are presented and placed on the Altar.

ANTHEM--Almighty and everlasting God

Orlando Gibbons (1583-1625)

Almighty and everlasting God,
Mercifully look upon our infirmities,
And in all our dangers and necessities
Stretch forth thy right hand to help and defend us,
Through Christ our Lord. Amen.

The people stand as the offerings are presented and placed on the Altar.

THE GREAT THANKSGIVING, EUCHARISTIC PRAYER B

Celebrant *People*

The Lord be with you. And al - so with you.

Celebrant *People*

Lift up your hearts. We lift them to the Lord.

Celebrant

Let us give thanks to the Lord our God.

People

It is right to give him thanks and praise.

Then, facing the Holy Table, the Celebrant continues the prayer and concludes the preface, saying,

It is right, and a good and joyful thing, always and every-where to give thanks to you, Father Almighty, Creator of heaven and earth.

Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and

might, hea - ven and earth are full of your glo - ry. Ho -

san - na in the high - est. Bless - ed is he who

comes in the name of the Lord. Ho - san - na in the high - est._____

Music: Robert Powell (b. 1932). Setting: Copyright © Church Publishing Inc.

The Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

Celebrant and People

**We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

The Celebrant continues

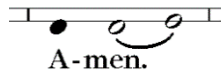
And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit.

In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with [_____ and] all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

People



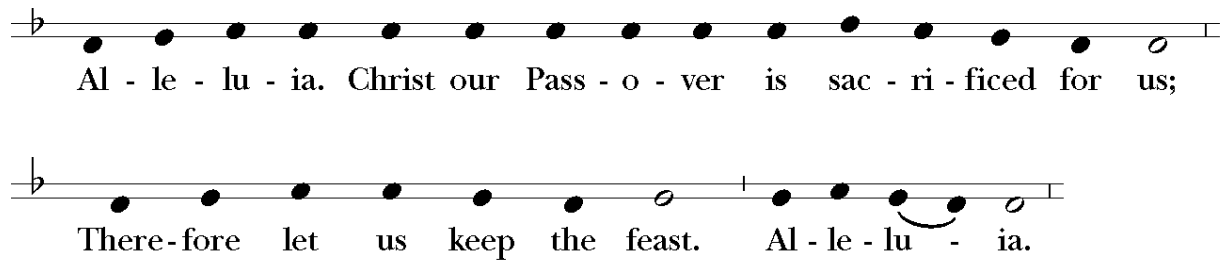
THE LORD'S PRAYER (*Contemporary*)

BCP 364

As our Savior Christ has taught us, we now pray,

**Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

After breaking the consecrated bread, the Celebrant sings,



THE INVITATION TO COMMUNION

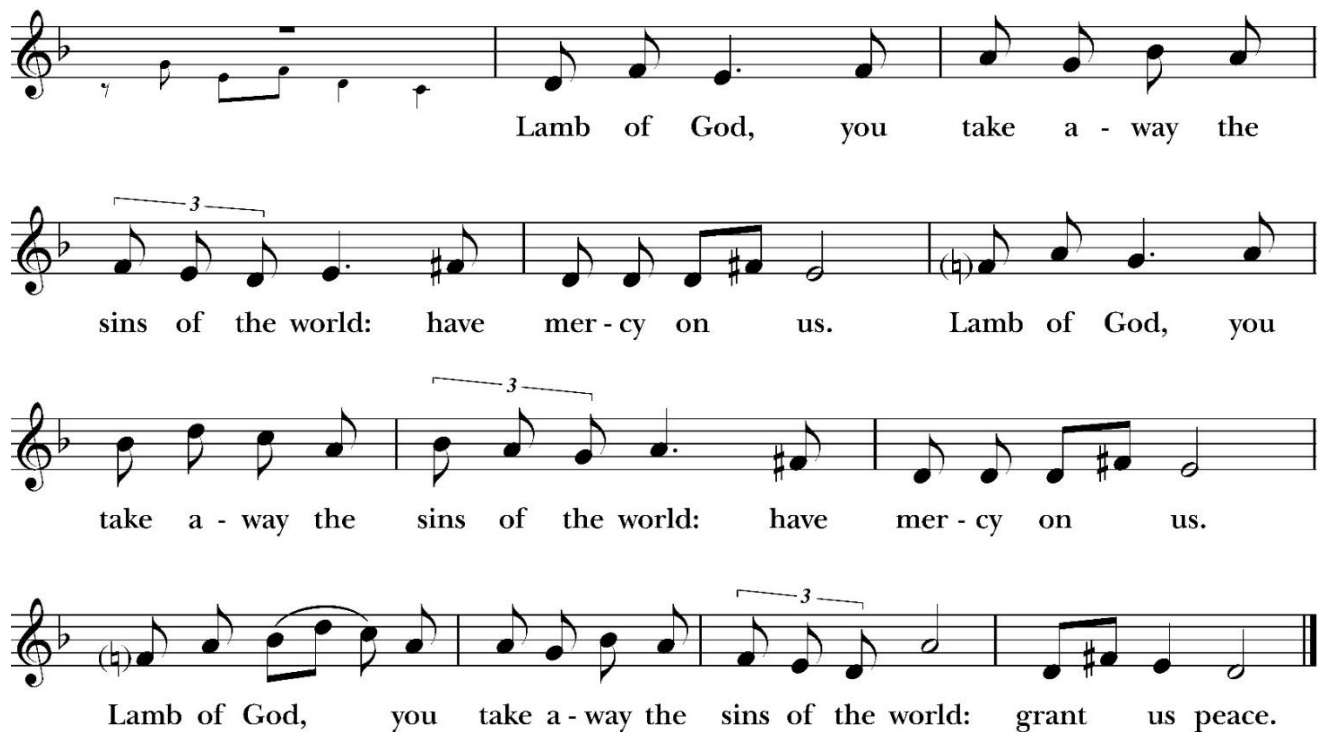
Facing the people, the Celebrant says the following Invitation

The Gifts of God for the People of God.

and may add Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

AGNUS DEI

S 163



Music: Robert Powell (b. 1932). Setting: Copyright © Church Publishing Inc.

MINISTRATION OF HOLY COMMUNION

All baptized persons, regardless of Christian tradition, are welcome and invited to receive Communion. To receive the sacrament, stand or kneel to receive the bread in the palm of your outstretched hands. Receive the wine that follows either by drinking from the cup or by retaining the wafer to dip lightly into the cup. If you do not wish to receive Communion, your arms over your chest as a sign to the priest, who will offer a blessing. Gluten free wafers are available.

MUSIC DURING COMMUNION

HYMN 339

Deck thyself, my soul, with gladness

Schmücke dich

THE POSTCOMMUNION PRAYER

BCP 365

**Eternal God, heavenly Father,
you have graciously accepted us
as living members of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

THE BLESSING

*The Celebrant offers a blessing over the assembly, and the people respond, **Amen.***

HYMN IN PROCESSION 437

Tell out, my soul, the greatness of the Lord!

Birmingham

THE DISMISSAL

*The Celebrant says the dismissal, and the people respond, **Thanks be to God.***

ORGAN VOLUNTARY

The setting of the Ordinary of the Mass is by Robert Powell (b. 1932).

LEADERS IN THE LITURGY

The Reverend Andrew J. Hege
Celebrant and Preacher

Dr. James Bumgardner
Choirmaster/Organist and Director of Music

Amanda White
Crucifer

Leslie Billingsley, Loy McGill
Eucharistic Ministers

Ham Wilson, Lisa Kaufmann, Chip Monroe
Lectors

ST. MARY OF THE HILLS EPISCOPAL CHURCH

SUNDAY SCHEDULE

Holy Eucharist	8:00AM
Christian Formation	9:00AM
Holy Eucharist	10:10AM

MID-WEEK SERVICES

Monday – Friday	Morning Prayer	8:30AM
Wednesday	Holy Eucharist	12:00PM

PARISH STAFF

The Reverend Andrew J. Hege	Rector
The Reverend Samuel V. Tallman	Assisting Clergy
The Right Reverend J. Gary Gloster	Assisting Clergy
Dr. James Bumgardner	Organist/Choirmaster
Lindsey Herring	Director of Formation & Communications
Greta Wilson	Parish Administrator
Bill Devereux	Facilities Manager

THE VESTRY

2024	2025	2026
Leslie Billingsley	Mike Austell, Sr. Warden	Marshall Culp
Joe Doswell	Michelle Curry	Lynn Searfoss
Buddy Fore	Burt Mulford	Jim Snow
Bob Finney, Jr. Warden	Sue Sweeting	Jill Storelli

Amanda White, Treasurer
Elizabeth Sudderth, Clerk

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St. Mary of the Hills Episcopal Church

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